

Welcome to the Red Rock Volleyball club

# Club Season

## Information Guide



In this Guide We will Cover...



Practice &  
Tournaments



Location



Club Fees



Travel

## Program Summary.

Red Rock offers a great club volleyball experience for boys in the 5th to 12th grade. We have two seasons for the boys program: fall season and summer season. Players can join a team through the tryout process at the beginning of each season. We have teams for all skill levels: beginners, intermediate, and advanced players. Our goal is to teach the athletes the technical volleyball skills at practice, develop game experience through playing in tournaments, and to provide an overall great learning experience in a team environment.



[www.redrockredwoodcity.com](http://www.redrockredwoodcity.com)

[directors@redrockvolleyball.com](mailto:directors@redrockvolleyball.com)

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## Practice & Tournaments



**1** Fall Season: Practices are 2 or 3 days a week depending upon the team. All teams are scheduled to compete in the NCVA Boys Power League in the fall along with additional tournaments. The season runs August through January each year. Tournaments locations: San Mateo, San Jose, Walnut Creek, Sacramento and some outside travel to Los Angeles or Chicago.

**2** Spring Season: January through mid-May each year, Red Rock moves from team practices 3x per week into a combination of Boys Practices, boys League, Boys Positional Camps and boys spring tournaments. The Boys League runs every Saturday. The Boys Positional Camps run every Sunday. There is one or two spring tournaments. Most players are also playing on their middle school or high school team during this training period. Our main focus during this time is additional training with a lighter tournament schedule.

**3** Summer Season: All teams move back into specific team practicing starting mid-May. Travel Teams attend two tournaments: "SoCal Showcase" and "Junior Nationals." Regional teams attend one tournament: "SoCal Showcase" in June. During the summer season we have "Add-On Tryouts" for new players and new teams. These new players are added to existing teams and new teams for the summer. Summer season runs early May to June for regional teams and early May to early July for Travel teams.



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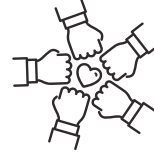
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Information Guide Continued:

## Type of Red Rock Teams



1

Red Rock Volleyball Club offers **two** types of teams. We have travel teams and regional teams.

2

**Travel teams** play in the NCVA power League with tournaments in the Bay Area and Sacramento area. Travel teams also play in a SoCal tournament in the summer. Travel teams also may attend qualifiers out-of-state.

For travel teams, Long season run August 20 - May 15

For travel teams, Short summer season runs May 15 - July 6

3

**Regional teams** play in the NCVA Power League with tournaments in the Bay Area and Sacramento area. Regional teams also play in a SoCal tournament in the summer.

For regional teams, Long season run August 20 - May 15

For regional teams, Short summer season runs May 15 - June 18



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Information Guide Continued:

## Location:



1

### Fall Season:

Red Rock Practices at:  
HOME OF RED ROCK VOLLEYBALL CLUB  
SportsHouse  
3151 Edison Way  
Redwood City, CA 94063

2

### Spring Camps:

Red Rock Camps at:  
HOME OF RED ROCK VOLLEYBALL CLUB  
SportsHouse  
3151 Edison Way  
Redwood City, CA 94063

3

### Summer Season:

Red Rock Practices at:  
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Information Guide Continued:

## Club Fees:



### LONG SEASON:

Fall / Winter / Spring

\$5,000 - \$6,000

~ 10 months of volleyball ~

Price **includes:**

Indoor Team Practices

2x-3x per week

(August 20 - January 8)

Boys League / Practices

(January 8 - May 15)

1x per week

3:00-5:00pm - Saturdays

Boys Postional Camps

(January 8 - May 15)

1x per week on Sundays

Indoor Tournaments

9 to 12 tournament days

(August thru May)

Tournaments are on Sat and/or Sun

### SHORT SEASON:

Summer

\$1,000 - Regional teams

\$1,500 - Travel teams

Price **includes:**

Indoor Team Practices

2x-3x per week

May 16 - June 18 (Regional teams)

May 16 - July 6 (Travel teams)

Indoor Tournaments

NorCal Invitational / NorCal Cup (2 days)

SoCal Invitational (3-days)

AAU in Florida (4-day) Travel teams only

### Optional Summer Activities

Open Gyms (July)

1x per week - Monday Nights

Summer Camps

Weekly - Mon, Tue, Wed, Thu

June, July, and August

see website for details



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Information Guide Continued:

## Clothing Fee:

Uniform Package

Fee: \$550

2 Jerseys

3 practice t-shirts

1 Long sleeve warmup

1 hoodie

2 shorts

1 sweatpant

1 backpack



Clothing package is \$550 for new players. All new players are required to purchase the complete clothing package. Returning players must order jerseys each year but all remaining clothing items can be ordered a la carte as needed each year.

## Travel:



Travel costs are not included in club fees. It is the responsibility of each family to get their athlete to/from all tournaments and matches.

The club sets the travel day for any out of region tournament to be the day before play begins. Families should book their airfare to arrive early enough to get a good night's sleep before the tournament.

## Hotel:



### Hotel Accommodations

Some of the travel tournaments we attend are "Stay-to-Play" events which means that our players are required to stay at the assigned hotel in order to participate in the event.

Families will be emailed a specific list of hotels they can book at to meet this requirement.



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